

**PHD STUDENT**

University of Bern  
february 2023 -

**SPORT SCIENTIST**

University of Vienna  
august 2021 - january 2022

**HEAD OF YOUTH DEVELOPMENT**

Danube Dragons (Am. Football)  
november 2020 - june 2022

**LECTURER**

University of Vienna  
january 2019 - january 2023

**SPORT SCIENTIST**

University of Vienna / Austrain Sailing Fed.  
february 2018 - december 2020

**STUDENT EXCHANGE**

Queens University (Ontario, Canada)  
september 2017 - december 2017

**SPORT SCIENCE STUDY**

University of Vienna - Master  
september 2016 - march 2019

**PERSONAL TRAINER**

Holmes Place, Vienna  
april 2016 - december 2016

**SPORT SCIENCE STUDY**

University of Vienna - Bachelor  
september 2013 - july 2016

**STRENGTH & CONDITIONING COACH**

Vienna Knights (Am. Football), voluntary work  
2013 - 2018

**GRAPHIC DESIGNER**

z-works, Vienna  
november 2011 - february 2013

**HEAD & ASSISTANT COACH**

Vienna Knights (Am. Football), voluntary work  
2010 - 2019

**GRAPHIC DESIGNER**

Design-Center, Vienna  
february 2007 - april 2011

**WEB & PRINT DESIGNER EDUCATION**

BEST Institut  
april 2006 - january 2007