

Monographien

Ronkainen, N. J. & Nesti, M. S. (2018). *Meaning and spirituality in sport and exercise: Psychological perspectives*. Routledge.

Buchbeiträge (mit Peer-Review)

Ronkainen, N. J. & Blodgett, A. (2020). Culture. In R. J. Schinke & D. Hackford (Eds.), *International Encyclopedia of Sport Psychology*. Routledge.

Ryba, T. V., Stambulova, N. & **Ronkainen, N. J.** (2020). Cultural transitions. In R. J. Schinke & D. Hackford (Eds.), *International Encyclopedia of Sport Psychology*. Routledge.

Nesti, M. S. & **Ronkainen, N. J.** (2020). Existential approaches. In D. Tod & M. Eubank (Eds.), *Applied sport, exercise, and performance psychology: Approaches to helping clients*. Routledge.

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Ronkainen, N. J. & Nesti, M. S. (2016). Spirituality. In R. J. Schinke, K. R. McGannon & B. Smith (Eds.), *Routledge International Handbook of Sport Psychology* (pp. 195-203). Routledge.

Beiträge in wissenschaftlichen Zeitschriften (mit Peer-Review)

Porter, S., **Ronkainen, N. J.**, Sille, R., & Eubank, M. (2021). An existential-pluralistic case study: navigating several critical moments with a professional football player. *Case Studies in Sport and Exercise Psychology*, 5(1), 106-113.

Devaney, D. J., Nesti, M. S., **Ronkainen, N. J.**, Littlewood, M. A., & Richardson, D. (2021). The philosophical underpinning of athlete lifestyle support: an existential-humanistic perspective. *The Sport Psychologist* (online ahead of print). <https://doi.org/10.1123-tsp.2020-0131>.

Pauha, T. & **Ronkainen, N. J.**, (2021). 'Strong and courageous' but 'constantly insecure': Dialogical self theory, intersecting identities, and Christian mixed martial arts. *Qualitative Research in Sport, Exercise and Health*. <https://doi.org/10.1080/2159676X.2021.1937297>

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Wiltshire, G. & **Ronkainen, N. J.** (2021). A realist approach to thematic analysis: making sense of qualitative data through empirical, inferential and dispositional themes. *Journal of Critical Realism*. <https://doi.org/10.1080/14767430.2021.1894909>

Chroni, S., **Ronkainen, N. J.**, Elbe, A-M., & Ryba, T. V. (2021). Our story has no borders but was built on negotiating borders. *Psychology of Sport and Exercise*.

- Roychowdhury, D., **Ronkainen, N.**, & Guinto, M. L. (2021). Transnational migration of mindfulness in sport and exercise psychology. *Psychology of Sport and Exercise*, 101958.
<https://doi.org/10.1016/j.psychsport.2021.101958>
- Devaney, D. J., Nesti, M. S., **Ronkainen, N. J.**, Littlewood, M., & Richardson, D (under review). An existential-humanistic perspective on elite athlete lifestyle support. *The Sport Psychologist*.
- Ronkainen, N. J.** & Wiltshire, G. (2021). Rethinking validity in qualitative sport and exercise psychology research: a realist perspective. *International Journal of Sport and Exercise Psychology*, 19(1), 13-28.
- Ely, G. & **Ronkainen, N. J.** (2021). "It's not just about football all the time either": Transnational athletes' stories about the choice to migrate. *International Journal of Sport and Exercise Psychology*, 19(1), 29-42.
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- Tahtinen, R., McDougall, M., Feddersen, N., Tikkanen, O., Morris, R., & **Ronkainen, N. J.** (2019). Me, Myself, and My Thoughts: The Role of Depressive Rumination in Clinically Relevant Depression Symptoms in Athletes. *Journal of Clinical Sport Psychology*. doi:10.1123/jcsp.2019-0039
- Ronkainen, N. J.**, Sleeman, E., & Richardson, D. (2019). 'I want to do well for myself as well!': Constructing coaching careers in elite football. *Sport Coaching Review*. doi:10.1080/21640629.2019.1676089
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- Ronkainen, N. J.**, Shuman, A., Ding, T., Shilun, Y, & Xu, L. (2018). "Running fever": Understanding runner identities in Shanghai through turning point narratives. *Leisure Studies*, 37, 211–222.
- Ronkainen, N. J.**, Tikkanen, O., & Nesti, M. S. (2018). Vocation: A concept for studying meaningful lives and careers in sport. *International Journal of Sport Psychology*, 49, 291-310.
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- Devaney, D. J., Nesti, M. S., **Ronkainen, N. J.**, Littlewood, M., & Richardson, D. (2018). Athlete lifestyle support of elite youth cricketers: An ethnography of player concerns within a national talent development program. *Journal of Applied Sport Psychology*, 30, 300-320.
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- Ronkainen, N. J.**, Harrison, M.E., Shuman, A., & Ryba, T.V. (2017). "China, why not?": Serious leisure and transmigrant runners' stories from Beijing. *Leisure Studies*, 36, 371-382.
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- Ryba, T.V., Stambulova, N. B., & **Ronkainen, N. J.** (2016). The work of cultural transition: An emerging model. *Frontiers in Psychology*, 7, 427. doi: 10.3389/fpsyg.2016.00427
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- Ronkainen, N. J.**, Tikkanen, O., Littlewood, M., & Nesti, M. (2015). An existential perspective on meaning, spirituality and authenticity in athletic careers. *Qualitative Research in Sport, Exercise and Health*. 7, 253–270.
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- Ronkainen, N.**, & Ryba, T. V. (2012). 'That is why I gave in to age my competitive ability, but not my soul!' A spiritual journey in endurance running. *Journal for the Study of Spirituality*, 2, 10–28.

Begutachtete Abstracts/Kongressbeiträge

Ronkainen, N. J. (September 2020). Spirituality in sport: A mystical experience, the secret to optimal performance, an aspect of cultural identity, or a source of meaning? A narrative review. Abstract accepted for 1st Research Conference in Theology and Religion, March 2020. Helsinki, Finland.

Ronkainen, N. J., Ryba, T. V., Aggerholm, K., & Allen-Collinson, J. (March 2020). Existential Learning in Youth Sport: Lessons Learned through Negativity. Abstract accepted for Nordic Educational Research Association (NERA) conference 'Rethinking the futures of education in the Nordic countries', March 2020. Turku, Finland.

Ronkainen, N. J. & Ryba, T. V. (July 2020). Infusing a martial artist identity with religious meaning: a case study of a Finnish judoka. Abstract accepted for 6th Martial Arts Studies Conference, July 2020. Marseilles, France.

Ronkainen, N. J., Kavoura, A., Siltala, H., Vachada, V. & Tikkanen, O. (July 2020). Spirituality in martial arts: Experiences from a collaborative autoethnography project. Panel accepted for 6th Martial Arts Studies Conference, July 2020. Marseilles, France.

Ronkainen, N. J., Ryba, T.V., Allen-Collinson, J., & Aggerholm, K. (November 2019). Learning not to be perfect: Female student-athletes' pathways to self-care. Abstracts of 12th Annual Meeting – Transnational Scholars for the Study of Gender and Sport: "Tackling discrimination – visions of gender equality in sport". Jyväskylä, Finland.

Ryba, T.V., **Ronkainen, N. J.**, Selänne, H., & Aunola, K. (November 2019). The gendered construction of dual career pathways in late adolescence: Qualitative longitudinal study. Abstracts of 12th Annual Meeting – Transnational Scholars for the Study of Gender and Sport: "Tackling discrimination – visions of gender equality in sport". Jyväskylä, Finland.

Ronkainen, N. J., Ryba, T. V., & Allen-Collinson, J. (July 2019). Existential learning and adolescent identity: finding meaning of boundary situations. Abstracts of IMEC International Meaning Conference (p. 70). London, UK.

Ronkainen, N. J., Wiltshire, G., & Ryba, T. V. (July 2019). Critical realism in qualitative and mixed methods research in sport and exercise psychology. Abstracts of 15th European Congress of Sport and Exercise Psychology (p. 192). Münster, Germany.

Ronkainen, N. J., Ryba, T. V., & Tod, D. (July 2019). Cultural transitions and religious (Christian) life: believing without belonging? Abstract of 15th European Congress of Sport and Exercise Psychology (p. 103). Münster, Germany.

Ronkainen, N. J., Korhonen, N., Nikander, A., Saarinen, M., & Ryba, T. V. (July 2019). Uncovering basic assumptions of the dual career philosophy: A Finnish case of dual career development environment. Abstracts of 15th European Congress of Sport and Exercise Psychology (p. 275). Münster, Germany.

Tahtinen, R., Tikkanen, O., McDougall, M., Feddersen, N., Mitchell, L., Thomas, L., & **Ronkainen, N. J.** (July 2019). Brooding and reflection rumination as predictors of athletes' depressive symptoms. Abstract accepted for 15th European Congress of Sport and Exercise Psychology, Jul 2019. Münster, Germany.

- Tahtinen, R., Tikkanen, O., McDougall, M., Halldorson, V., Feddersen, N., Mitchell, L., Thomas, L., & **Ronkainen, N. J.** (July 2019). Craftsmanship: a novel approach for exploring meaningfulness of sport. Abstract accepted for 15th European Congress of Sport and Exercise Psychology, Jul 2019. Münster, Germany.
- Wiltshire, G. & **Ronkainen, N.** (January 2019). Reclaiming reality in analytical approaches to qualitative research. Paper presented at Annual Qualitative Research Symposium. Bath, UK.
- Ely, G. & **Ronkainen, N. J.** (November 2018). Acculturation in European American football: a thematic narrative analysis. Poster presented at BASES annual conference. Harrogate, UK.
- Ronkainen, N. J.** (September 2018). Existential learning in sport through discontinuity. Paper presented at the International Association for the Philosophy of Sport (IAPS) 46th Annual Meeting. Oslo, Norway (pp. 69-70).
- Ronkainen, N. J.**, Lee, S., Feddersen, N. B., & McDougall, M. C. (June 2018). Going beyond what is shared in the culture(s) of sport: An invitation to interdisciplinary dialogue. Symposium held at 6th Qualitative Research in Sport and Exercise Conference. Vancouver, Canada.
- Ronkainen, N. J.**, Ryba, T. V., & Tikkanen, O. (June 2018). One big, happy athletics family, eh? Narrative tensions in the construction of Masters athletics. Paper presented at 6th Qualitative Research in Sport and Exercise Conference. Vancouver, Canada.
- Ronkainen, N. J.**, Ryba, T. V., Tikkanen, O., Tod, D., & Nesti, M. (June 2018). It is like a marriage that lasts: How coaches describe their relationship with their craft. Poster presented at 6th Qualitative Research in Sport and Exercise Conference. Vancouver, Canada.
- Ronkainen, N. J.** (June 2018). If this is just your reality, why should I believe you?: Exploring challenges in the social constructionist perspective on research quality. Paper presented at 6th Qualitative Research in Sport and Exercise Conference. Vancouver, Canada.
- Saarinen, M., Ryba, T. V., **Ronkainen, N. J.**, & Rintala, H. (September 2017). Urheilijoiden kokemuksia valmentajan luomasta motivaatioilmastosta ja sen vaikutuksesta heidän kaksoisuraansa urheilulukiossa. Poster presented in The Finnish Conference on Sport Science. Jyväskylä, Finland.
- Devaney, D. J., Nesti, M. S., **Ronkainen, N. J.**, Littlewood, M., & Richardson, D. (August 2017). Lifestyle issues in elite youth cricket: What are they and how do they impact performance? Paper presented at ICCE Global Coach Conference. Liverpool, UK.
- Ronkainen, N. J.** & Ryba, T. V. (July 2017). When is the "right" time to retire? an existential-narrative perspective on endings in athletic careers. Paper presented at the ISSP 14th World Congress of Sport Psychology. Seville, Spain: ISSP.
- Ronkainen, N. J.** (July 2017). Exploring gendered construction of runner identities in Shanghai through narrative inquiry. Paper presented at the ISSP 14th World Congress of Sport Psychology. Seville, Spain: ISSP.
- Ronkainen, N. J.** Selänne, H., Littlewood, M., & Ryba, T. V. (July 2017). "Officially, school is first and hockey second": A Finnish ice hockey club's philosophy and coaching practices. Paper presented at the ISSP 14th World Congress of Sport Psychology. Seville, Spain: ISSP.
- Ryba, T.V., Stambulova, N. B., & **Ronkainen, N. J.** (July 2017). Transnational mobility and cultural transition. Paper presented at the ISSP 14th World Congress of Sport Psychology. Seville, Spain: ISSP.

Saarinen, M., Ryba, T. V., **Ronkainen, N. J.**, & Rintala, H. (July 2017). "You don't have problems with the coach - unless..." Poster presented at the ISSP 14th World Congress of Sport Psychology. Seville, Spain: ISSP.

Ronkainen, N. J., Shuman, A., Ding, T., Xu, C., & Xu, L. (November 2016). Turning points and identity construction in Chinese runners' narratives. *Journal of Sport Sciences*, 34, Supplement 1, 33.

Ronkainen, N. J., Selänne, H., & Ryba, T.V. (November 2016). Exploring youth athletes' life themes through visual narrative methods. *Journal of Sport Sciences*, 34, Supplement 1, 11.

Ronkainen, N. J., Shuman, A., & Ding, T. (November 2016). Women's running in Shanghai: Achievement and care for oneself. Poster presented at the 6th International Congress on Physical Activity and Public Health (ISPAH2016), Bangkok, Thailand.

Ronkainen, N. J., Nesti, M.S., & Ryba, T. V. (August 2016). Christian athletes' perspectives on elite sport: "A part of the spiritual journey", or, "don't ever mix God with sports". Paper presented at the Inaugural Global Congress on Sports and Christianity (IGCSC). York, UK.

Ronkainen, N. J., Ryba, T. V., Littlewood, M., & Selänne, H. (July 2016). Is dual career achievable in ice hockey? Coaches' beliefs, attitudes and practices. Paper presented at the 24th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD). Vilnius, Lithuania.

Chen, Z., **Ronkainen, N. J.**, Tikkanen, O., Zhang, Y, Wang, K., Huang, T., & Cheng, S. (November 2015). Association of Exercise Motivation with Physical Activity and Aerobic Fitness in Chinese University Students. Paper presented at international symposium Physical Activity Continuum Throughout the Lifespan: Is Exercise a Medicine or What? Shanghai, China.

Ronkainen, N. J. & Tikkanen, O. M. (November 2015). Inactivity psychology: Conceptual reflections. Poster presented at international symposium Physical Activity Continuum Throughout the Lifespan: Is Exercise a Medicine or What? Shanghai, China.

Zhang M., Wu N., Le S., Zhang X., Yang, Y., Tikkanen, O., **Ronkainen, N. J.**, & Cheng, S. (November 2015). Correlation between adiposity and physical activity and fitness in university students. Poster presented at international symposium Physical Activity Continuum Throughout the Lifespan: Is Exercise a Medicine or What? Shanghai, China.

Yang, Y., Munukka E., Wiklund, P., Zhang X., Wu N., Le S., Zhang M., Tikkanen, O., **Ronkainen, N. J.**, & Cheng, S. (November 2015). The Relationship Between Gut Microbiota Composition, Lipid Metabolism and Physical Fitness in Adult Men and Women. Poster presented at international symposium Physical Activity Continuum Throughout the Lifespan: Is Exercise a Medicine or What? Shanghai, China.

Tikkanen, O., Zhang M., **Ronkainen, N. J.**, Le S., Zhang X., Yang, Y., Wu N., & Cheng, S. (November 2015). Anthropometry and Normal Weight Obesity Among Chinese University Students. Poster presented at international symposium Physical Activity Continuum Throughout the Lifespan: Is Exercise a Medicine or What? Shanghai, China.

Watkins, I., **Ronkainen, N. J.** & Ryba, T. V. (October 2015). Once a Runner, Always a Runner? Exploring the Athletic Career Retirement Processes and Athletic Identity of Finnish Male and Female Distance Runners. Poster presented at the 30th Annual Conference of the Association for Applied Sport Psychology (AASP). Indianapolis, U.S.

- Ryba, T. V., Stambulova, N. B.; **Ronkainen, N. J.**; Bundgaard, J. & Selänne, H. (July 2015). Cultural transitions and adaptation in a transnational athletic career. Abstracts of the 14th FEPSAC European Sport Psychology Congress (Sport Psychology: Theories and Applications for Performance, Health and Humanity). Bern, Switzerland.
- Ryba, T.V., Stambulova, N.B.; **Ronkainen, N. J.**; Bundgaard, J. & Selänne, H. (July 2015). The cultural constitution of transnational dual careers. Abstracts of the 14th FEPSAC European Sport Psychology Congress (Sport Psychology: Theories and Applications for Performance, Health and Humanity). Bern, Switzerland.
- Watkins, I., **Ronkainen, N. J.** & Ryba, T.V. (March 2015). Once a Runner, Always a Runner? Exploring the Athletic Retirement Processes of Finnish Male and Female Distance Runners. Paper presented at The 17th Northeast Atlantic Sport Psychology (NASP) Conference, Philadelphia, U.S.
- Ronkainen, N. J.**, Ryba, T. V., & Selänne, H (January 2015) Human practising in rehabilitation: the case of professional ice hockey. Paper presented at Human Practising workshop, Oslo, Norway.
- Ronkainen, N.**, Ryba, T.V., & Nesti, M. (November 2014). Narrative construction of identity of male endurance athletes in the Nordic Context. In Proceedings of the 3rd Nordic Interdisciplinary Conference on Discourse and Interaction (p.8). Jyväskylä, Finland.
- Ryba, T. V., **Ronkainen, N.**, & Selänne, H. (November 2014). Raptured embodiment: Athletic identity in transition. In Proceedings of the 3rd Nordic Interdisciplinary Conference on Discourse and Interaction (p.10). Jyväskylä, Finland.
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