Ideomotor thinking in theory and research practice

How do human agents gain control over their body movements, and through them, over their environment? I want to share with you some thoughts about the so called ideomotor approach to this problem. After describing the basic idea, I want to discuss potential pitfalls of studying ideomotor action control. Moreover, I want to highlight some trivial, but also some less trivial aspects of ideomotor theorizing, and potential avenues for future research. Most of these points will be illustrated by recent empirical research.

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