
Education

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| 04/2009 – 01/2013 | PhD in Human Movement Science at the Swiss Federal Institute of Technology (ETH) in Zurich, Switzerland |
| 10/2002 – 05/2005 | Human Movement Science (M.Sc.) at ETH in Zurich, Switzerland |
| 09/2002 – 07/2003 | Exchange year in Human Movement Science at the Free University in Amsterdam, the Netherlands, with a stipend from the Erasmus programme |
| 09/2001 – 07/2003 | Dance (B.A.) at <i>Codarts</i> in Rotterdam, the Netherlands, with a stipend from the Pierino Ambrosoli Foundation, Zurich, Switzerland |
| 10/1997 – 10/2001 | M.Sc. in Physical Education at ETH in Zurich, Switzerland |
| 08/1993 – 01/1997 | High School in Zurich, Switzerland |

Work and Teaching Activities

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| Since 02/2013 | Module leader and lecturer in dance at the Institute of Sport Science, University of Bern, Switzerland |
| Since 02/2015 | Programme leader of the continuing education programme 'Master of Advanced Studies' in Dance Science, University of Bern, Switzerland |
| 03/2011 – 02/2013 | Teacher in dance and physical education at a high school in Zurich, Switzerland |
| 09/2009 – 06/2010 | Lecturer in modern dance, dance health and physical fitness as well as scientific advisor for the programme leaders at the dance programme at the Zurich University of the Arts, Switzerland |
| 09/2008 – 07/2009 | Lecturer for dance health at the B.A. programme in dance, theatre and performance at Bird College, Sidcup, UK |
| | Lecturer for Anatomy at the B.A. programme in Ballet Pedagogy at the Royal Academy of Dance, London, UK |
| 01/2008 – 07/2009 | Module Leader and lecturer in biomechanics at the M.Sc. programme in Dance Science, Trinity Laban, London, UK |
| 09/2008 – 09/2017 | Guest lecturer in motor learning and exercise science at the B.A. programme in dance pedagogy at the Amsterdam University of the Arts, Amsterdam, The Netherlands |
| 10/2006 – 06/2007 | Research fellow at the Department of Integrative Physiology, Laboratory for Sleep and Chronobiology at the University of Colorado in Boulder, USA |
| 09/2005 – 07/2006 | Teacher in dance and physical education at the High School <i>Het Baken</i> in Almere, The Netherlands |

- 09/2004 – 07/2006 Lecturer in anatomy, motor learning and physical fitness at all B.A. dance programmes at the Amsterdam University of the Arts, Amsterdam, The Netherlands
Leader for the area of dance science at the dance health department at Amsterdam University of the Arts, Amsterdam, The Netherlands
- 01/2004 –09/2005 Lecturer in anatomy and movement studies at the continuing education programme in Dance Therapy, codarts, Rotterdam, The Netherlands (periodical teaching)
- 1999 – 2004 Teacher for physical education and dance for children, adolescents, and (older) adults in several dance studios in the neighbourhood of Zurich, Switzerland